

PE






AT



KINGSWOOD PRIMARY ACADEMY



KINGSWOOD PRIMARY ACADEMY CURRICULUM INTENT

<p>VALUES</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>RESPECT Our Environment & Community</p> </div> <div style="text-align: center;">  <p>RESPECT Each Other</p> </div> <div style="text-align: center;">  <p>RESPECT Yourself</p> </div> </div>
<p>INTENT</p>	<p>At Kingswood Primary Academy, we aim to provide all pupils with a stimulating and inclusive educational environment in which everyone feels safe, respected and supported to grow and develop to their full potential.</p> <p>Our purposeful curriculum is therefore designed to give children the entitlement to:</p> <ul style="list-style-type: none"> • Knowledge - develop a rich and deep subject knowledge • Skills - secure basic skills in reading, writing and maths • Nurture – be supported to grow and develop new skills and independence through a variety of contexts and enrichment experiences • Curiosity -be curious learners who fully engage in learning, enjoying challenges and develop a lifelong thirst for knowledge • Ambition – become independent, responsible citizens who fulfil their potential and are prepared for life in modern Britain • Diversity - gain an understanding of fundamental British Values and use these to inform their own moral code <div style="text-align: center; margin-top: 20px;">  </div>
<p>SKILLS FOR LIFE</p>	<p>The curriculum entitlement supports the development of individual essential skills for life through the Skills Builder aspects:</p> <ol style="list-style-type: none"> 1. Listening 2. Speaking 3. Problem Solving 4. Creativity 5. Staying Positive 6. Aiming High 7. Leadership 8. Teamwork <div style="text-align: center; margin-top: 20px;">  </div>

OVERVIEW

At Kingswood Primary Academy, we recognise the role that Physical Education has to play in promoting a long-term healthy lifestyle which is both enjoyable and fulfilling. We aim to provide a high-quality physical education curriculum in which pupils are physically active for a sustained period of time. We aim to inspire all of our pupils to succeed and excel in competitive sport and other physically demanding activities. Through our physical education culture, we aim to enhance academic achievement, as well as the health and well-being of our pupils. In turn, we believe this will have a positive impact on progress in reading, writing and maths.

We want to provide opportunities for our pupils to become confident and physically literate in a broad range of activities, in a way which supports their wellbeing. In addition to this, we aim to provide opportunities for children to compete in sport and other activities in order to build resilience and embed values such as teamwork, fairness and respect.

INTENT

It is our intent at Kingswood to teach children life skills that will positively impact on their future. We aim to deliver high-quality Physical Education, that will inspire all children to succeed in physical activities later in life. We aim for all children to be physically active for sustained periods of time, on a daily basis and be able to make informed decisions to lead healthy and active lives. We want to teach children how to co-operate and collaborate with others as part of a team, understanding fairness and equity of play, resilience in competing and the spirit of the games. We want to expose children to a variety of sporting events, both within our curriculum, as well as at competition level.

At Kingswood, the life skills of teamwork and leadership are as important as the practical skills of balance, coordination and tactics to name a few.

However, it is our intent that children's mental health and well-being is provided for as well as their physical health, so at KPA we include units of work such as yoga. Swimming is an important life skill, so our KS2 children swim throughout different times of the year. We aspire for all children to leave the academy being able to swim at least 25 metres and being able to self-rescue.

IMPLEMENTATION

Pupils participate twice weekly in high quality PE and sporting activities, with additional daily access to other physical activities, including using our orienteering map and tasks from Enrich, support from lunchtime active playgrounds and in-class activities such as cosmic yoga, Just Dance or BBC Super Movers fitness videos. This is to help students achieve their 30 minutes of physical activity within the school day.

Our PE curriculum incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of a variety of sports. This is enhanced by visits from athletes to inspire the children to participate. We provide opportunities for all children to engage in extra-curricular activities during and after school, in addition to competitive sporting events run throughout the year. This is an inclusive approach which endeavours to encourage not only physical development, but also well-being, attending both highly competitive sporting events and also festivals that celebrate participation or OAA events focusing on other skills.

We support those children who need additional guidance in making healthy choices, then provide them with routes into our own after school sporting provision or community sport clubs.

IMPACT

At Kingswood Primary Academy, our curriculum aims to improve the wellbeing and physical fitness of all children, not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. We ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of fun sports and activities that the children are interested and inspired to take part in. Year 6 pupils leave school with the skills to self-rescue in the water and swim 25 metres competently.

Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of your own health and fitness. All children are provided with the skills and given opportunities to demonstrate improvements to achieve their personal best. Our pupils are physically active, not just within the PE lesson, but throughout the day - this has positive implications on their learning inside the classroom. Children understand how to lead a healthy lifestyle and understand the importance of exercise. We hope children enjoy PE and develop a love of sport, and physical activity, that they pursue outside in future life.

Children are encouraged to achieve and shine by taking part in intra-sport competitions. Children of all abilities will take part in competitive sporting activities at the end of some units of work. The skills they have acquired will be used to compete as part of a team in competitions.

CURRICULUM DESIGN

SEND – Strategies for supporting access

- Break down learning – now/then
- STEP principle – changing Space, Task, Equipment, People
- Adult support – start off then independent (where possible)
- Specific simple instructions
- Re-capping within lessons for all or groups of pupils
- Mixed ability groups

Enrichment

Children participate in workshops covering a variety of sports throughout the year; for example, outdoor and adventure, dance, football and skipping, providing the children with an opportunity to develop, improve their fitness and to try something new. For these workshops we have had a range of visitors into school including coaches from Northampton Town Football Club.

All children are offered the chance to compete for the school in local competitions.

SUBJECT LEADERSHIP AND DEVELOPMENT

Subject Strengths

- Knowledge of subject gaps and how these have been addressed.
- Staff knowledge of their curriculum – progression and sequence
- Pupil enjoyment of PE
- Range of experiences provided.
- Collaborative approach to the planning – LTP/MTP with all staff
- Clear sequence of learning in planning

Areas to Develop

- Continue to develop lesson activities for effectiveness
- Continue to access specialist training from external providers to ensure the best and most current practice.
- Continue to develop academy website
- Continue to develop assessment

Monitoring

- T1 Focus – Planning development
- T2 Focus – Lesson Visits and Pupil Voice
- T3 Focus – Staff voice

CPD

- Stuart Allison Consultancy
- Northampton Town Football Team