

Kingswood Primary Academy – PSHE Long Term Plan (Jigsaw)

1	Theme	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Autumn 1	Being in my world	<ul style="list-style-type: none"> Who...Me? How am I Feeling Today? Being at Nursery/School Gentle Hands Our Rights Our responsibilities Aspirations survey 	<ul style="list-style-type: none"> Special and Safe My Class Rights and Responsibilities Rewards and Feeling Proud Consequences Owning our Learning Charter Aspirations survey 	<ul style="list-style-type: none"> Hopes and fears for the year Rights and responsibilities Rewards and consequences Our Learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> Getting to know each other Our nightmare school Our dream school Rewards and consequences Our learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> Becoming a class team Being a citizen in school Rights, Responsibilities and democracy Rewards and consequences Our learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> My year ahead Being me in Britain Y5 responsibilities Rewards and consequences Our learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> My year ahead Being a global citizen (1 & 2) The Learning charter Consequences Owning our learning charter Aspirations survey
Autumn 2	Celebrating difference	<ul style="list-style-type: none"> What am I Good At? I'm Special, I'm Me! Families Houses and Homes Making Friends Anti-bullying Week The Big Class Challenge 	<ul style="list-style-type: none"> The same as ... Different from ... What is bullying? What do I do about bullying? Making new friends Celebrating difference, celebrating me Anti-bullying Week The Big Class Challenge 	<ul style="list-style-type: none"> Boys and girls Why does bullying happen? Standing up for myself and others Making a new friend Celebrating difference and still being friends Anti-bullying Week The Big Class Challenge 	<ul style="list-style-type: none"> Families Family conflict Witness and feelings Witness and solutions Words that harm Celebrating difference: compliments Anti-bullying Week The Big Class Challenge 	<ul style="list-style-type: none"> Judging by appearances Understanding influences Understanding bullying Problem solving Special me Celebrating difference: how we look Anti-bullying week The Big Class Challenge 	<ul style="list-style-type: none"> Different cultures Racism Rumours and name calling Types of bullying Does money matter Celebrating difference across the world Anti-bullying week The Big Class Challenge 	<ul style="list-style-type: none"> Am I normal? Understanding disability Power struggles Why bully? Celebrating difference Anti-bullying week The Big Class Challenge
Spring 1	Dreams and goals	<ul style="list-style-type: none"> Challenge Never Giving Up Setting a Goal Obstacles and Support Flight to the Future Award Ceremony CMHA Week Life Education Bus 	<ul style="list-style-type: none"> My treasure chest of success Steps and goals Achieving together Stretchy learning Overcoming obstacles Celebrating my success CMHA Week Life Education Bus 	<ul style="list-style-type: none"> Goals to success My learning strengths Learning with others A group challenge Celebrating our achievement CMHA Week Life Education Bus 	<ul style="list-style-type: none"> Dreams and goals My dreams and ambitions A new challenge Our new challenge Overcoming obstacles Celebrating my learning CMHA Week Life Education Bus 	<ul style="list-style-type: none"> Hopes and dreams Broken dream Overcoming disappointment Creating new dreams Achieving goals We did it! CMHA Week Life Education Bus 	<ul style="list-style-type: none"> When I grow up Investigate jobs and careers My dream job. Why I want it and the steps to get there. Dreams and goals of young people in other cultures How we can support each other Rallying support CMHA Week 	<ul style="list-style-type: none"> Personal learning goals Steps to success My dream for the world Helping to make a difference Recognising our achievements CMHA Week Life Education Bus

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							<ul style="list-style-type: none"> • Life Education Bus 	
Spring 2	Healthy me	<ul style="list-style-type: none"> • Everybody's Body • We Like to Move it, Move it! • Food Glorious Food • Sweet Dream • Keeping Clean • Stranger Danger • NCW 	<ul style="list-style-type: none"> • Being healthy • Healthy choices • Clean and healthy • Medicine safety • Road safety • Happy healthy me • NCW 	<ul style="list-style-type: none"> • Being healthy • Being relaxed • Medicine safety • Healthy eating • The healthy me café • NCW 	<ul style="list-style-type: none"> • Being fit and healthy • What do I know about drugs? • Being safe • Being safe at home • My amazing body • NCW 	<ul style="list-style-type: none"> • My friends and me • Group dynamics • Smoking • Alcohol • Healthy friendships • Celebrating my inner strength and assertiveness • NCW 	<ul style="list-style-type: none"> • Smoking • Alcohol • Emergency Aid • Body image • My relationship with food • Healthy me • NCW 	<ul style="list-style-type: none"> • Food • Drugs • Alcohol • Emergency aid • Emotional and mental health • Managing stress • NCW
Summer 1	Relationships	<ul style="list-style-type: none"> • My Family and Me! • Make Friends, Make Friends, Never Break Friends (1 & 2) • Falling Out and Bullying (1 & 2) • Being the Best Friend We Can Be • DHL • Walk to School Week 	<ul style="list-style-type: none"> • Families • Making Friends • Greetings • People who help us • Being my own best friend • Celebrating my special relationships • DHL • Walk to School Week 	<ul style="list-style-type: none"> • Families • Keeping safe – exploring physical contact • Friends and conflict • Secrets • Trust and appreciation • Celebrating my special relationships • DHL • Redrawn the Balance • Walk to School Week 	<ul style="list-style-type: none"> • Family roles and responsibilities • Friendship • Keeping myself safe • Being a global citizen (1 & 2) • Celebrating my web of relationships • DHL • Walk to School Week 	<ul style="list-style-type: none"> • Relationship web • Love and loss • Memories • Are animals special? • Special pets • Celebrating my relationships with people and animals • DHL • Walk to School Week 	<ul style="list-style-type: none"> • Recognising me • Getting on and falling out • Girlfriends and boyfriends • Relationships and technology • DHL • Walk to School Week 	<ul style="list-style-type: none"> • My relationship web • Love and Loss • Power and Control • Being safe with technology • DHL • Walk to School Week
Summer 2	Changing me	<ul style="list-style-type: none"> • My Body • Respecting My Body • Respecting My Body • Growing Up • Growth and Change • Fun and Fears • Celebration • Beep Beep Road Safety 	<ul style="list-style-type: none"> • Life cycles • Changing me • My changing body • Boys and girls bodies • Learning and growing • Coping with changes • DHL Assembly 	<ul style="list-style-type: none"> • Life cycles in nature • Growing from young to old • The changing me • Boys and girls bodies • Assertiveness • Looking ahead • DHL Assembly 	<ul style="list-style-type: none"> • How babies grow • Babies • Outside body changes • Inside body changes • Family stereotypes • Looking ahead • DHL Assembly 	<ul style="list-style-type: none"> • Unique me • Having a baby • Girls and puberty • Circles of change • Accepting changes • Looking ahead • DHL Assembly 	<ul style="list-style-type: none"> • Self and body image • Puberty in girls • Puberty for boys • Conception • Looking ahead • Looking ahead to Y6 • DHL Assembly • Youth Enterprise • Speed awareness – Road Safety 	<ul style="list-style-type: none"> • Self and body image • Puberty • Girl talk/Boy talk • Babies – conception to birth • Attraction • Transition to Secondary school • DHL Assembly • Youth Enterprise